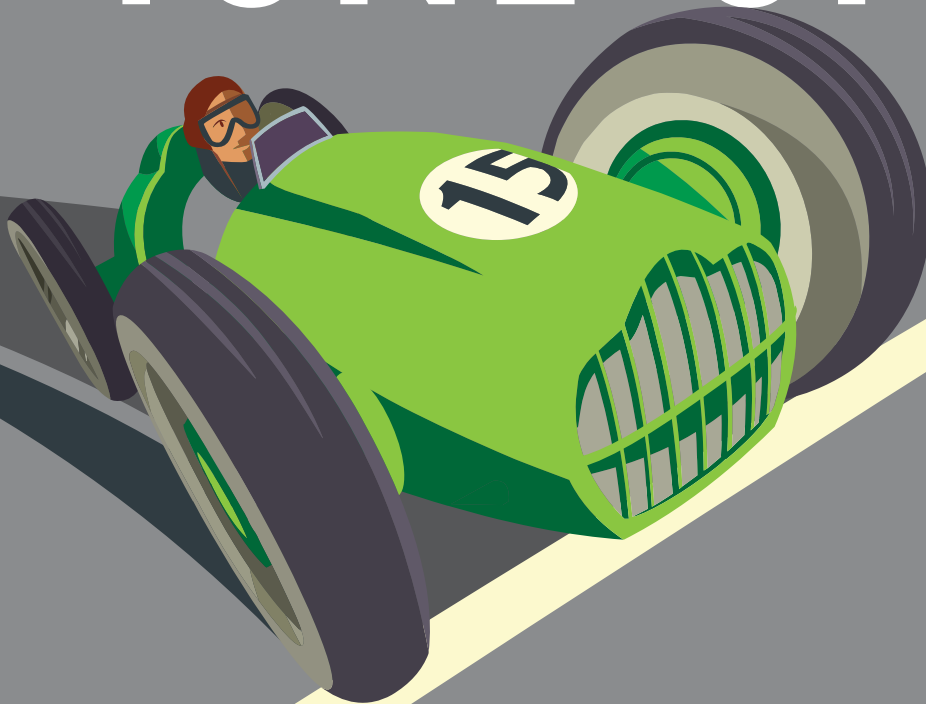


# DOES YOUR HEALTH NEED A TUNE-UP?



## HAVE YOU TAKEN YOUR HEALTH ASSESSMENT YET?

It's hard to know where you're going if you don't know where you are starting! The Compass™ health assessment only takes 15 minutes to complete and will provide you with specific recommendations tailored to your needs and wants.

In the time that it takes to brew a pot of coffee or make a quick phone call, you could be on the road to better health! Get in the driver's seat and take control of your health today!



Log in to [healthplan.org](http://healthplan.org) to sign in/register



Or call 740.695.7659 to get started today